

Blood Donor Criteria

1. Donors must weigh more than 45 kilograms and be in good health.
2. Donors must be between the ages of 17-70 years. Those who are 17 years of age and wish to donate must have permission from parents. A first time donor must be less than 55 years old.
3. Donors may not have diarrhea or symptoms of a fever 7 days before donating.
4. Women donors may not be pregnant, or breastfeeding at the time of donation. Women may not donate if they have delivered, or have had an abortion within the last six months.
5. Donors may not donate if they have experienced a drastic loss of weight, without knowing the cause, within the last 3 months.
6. Donors who take aspirin or other pain medicines must have stopped taking medicine for 3 days before donating. Donors who take antibiotics need to have stopped taking antibiotics for 7 days before donating.
7. Donors may not have asthma, chronic skin conditions, tuberculosis or other allergies.
8. Donors may not have high blood pressure, diabetes, heart disease, liver disease, kidney disease, thyroid condition, cancer, etc.
9. Donors who have had tooth extraction, filling, scaling, or root canal treatment must allow 3 days to pass before donating.
10. Donors who that have undergone any major surgery must wait 6 months before donating. Donors that have undergone any minor surgery must wait 1 month before donating.
11. Donors and their marriages/ sexual partners may not practice risky sexual behavior.
12. Donors may not have any record of drug addiction-if a having served term, donors must wait at least 3 years before donating, and be in good health.