

# ASIAN INSTITUTE OF TECHNOLOGY INTERNATIONAL SCHOOL

P.O. Box 4, Klong Luang, Pathumthani 12120, Thailand Tel. (66-2)-524-5984 Fax: (66-2)524-6296 http://www.aitis.ait.asia

# 17 SEPTEMBER 2012

# Dear Parents,

Please find below details regarding the "Run for Health – Run for a Cause" Monsoon Marathon scheduled on 28th September 2012 from 8:00 a.m. to 11:45 a.m. at the AITIS School Grounds.

PROGRAM: Note: \* parents' participation

# <u>RUN FOR HEALTH @ 8:00 – 9:25 a.m.</u>

JUNIOR DIVISION (GRADE 3 & 4 BOYS AND GIRLS) SENIOR DIVISION (GRADE 5 & 6 BOYS AND GIRLS) \*OPEN DIVISION (FOR PARENTS AND FRIENDS OF AITIS)

BREAKTIME: 9:25 – 9:45 a.m. Refreshments will be sold by our STUDENT COUNCIL

# FUND RAISING ACTIVITIES: (1) HOOPATHON

GROUP 1: KG, GR.1, GR. 2 GROUP 2: GR. 3, GR. 4, GR. 5 **\*GROUP 3: GRADE 6 VS. PARENTS AND FRIENDS OF AITIS** 

#### FUND RAISING ACTIVITIES\*(2)CAKE RAFFLE DRAW

Raffle tickets previously sold shall be drawn for PreSchool and Elementary School

# **RUN FOR HEALTH:**

Runners compete in an estimated 3 kilometer race, starting from the school grounds, through major parts of the AIT Campus, and back. Student winners of these races will earn house points as well as medals and certificates.

Any **AITIS PTA MEMBER** may participate in the **"Run for Health" – Open Division**. Participants shall run an estimated distance of 3 kilometers starting from the school grounds, through major parts of the AIT Campus, and back. Medals and certificates await the first three (Men and Women respectively) runners to cross the finish line. Registration shall be done from 17 - 26 September 2012 at the school office. Participants are required to wear the **AITIS MARATHON SHIRT** which shall be soon sold in school (and will be available in all sizes, in green and white).

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#### RUN FOR A CAUSE:

Through the years, this activity has evolved so much, beginning from promoting a healthy body through running and exercise, to building a happier heart by becomming caring members of society through fund raising activities for a worthy cause.

This year's focus of "*Run for Health – Run for a Cause*" fund raising campaign is for "*Building a Better Canteen*". Through the combined efforts of the sponsors and members AITIS Community, an expanded and improved AITIS Canteen shall be able to provide good service and more comfort for our studens whil using the said facility.

# FUND RAISING CAMPAIGN:

# "Run for a Cause"- Building a Better Canteen

Aside from teaching our students to maintain a fit and healthy well-being, we also inspire them to have "big hearts" and become caring members of the community and society. Along with this activity is a continuation of our outreach program called "*Run for a Cause*," a fund raising activity for a worthy cause. This year, we have decided to raise funds for the improvement of our school canteen which will benefit all our students. With your kind and generous support, we plan to expand our school canteen to better cater to the needs of our students, by generating additional funds through several fund-raising activities during the day.

# FUND RAISING ACTIVITIES:

#### ITEMS FOR SALE: MARATHON SHIRTS, CAPS and WRIST BANDS MERCHANDISE HOOPATHON Hula Hoop Contest CAKE RAFFLE

#### **ITEMS FOR SALE: MARATHON SHIRTS, CAPS and WRIST BANDS MERCHANDISE**

With the kind assstance of Khun Prapaporn, owner of the AIT Booksore, collectibles shall be made available for purchase at affordable prices from 17 to 28 SEPTEMBER 2012 at the school. These items include Marathon 2012 Shirts which come in all sizes, AITIS Caps, and Wrist Bands. Details of the price of the said items shall be made available soon.

#### HOOPATHON – Hula Hoop Contest.

Now on it's second year, this activity promotes the playing of Hula Hoop as one of the cheapest, easiest and fun ways for all to stay fit and healthy. This portion also serves as a fund raising activity with participants generating funds through sponsorships and pledges. Combining fun and excitement while generating funds for a worthy cause makes this activity truly enjoyable.

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# **Hoopathon: The Mechanics**

All participants will be grouped into 3: Group 1: KG, G1, G2 Group 2: G3, G4, G5 Group 3: PARENTS v.s. GR. 6 Hoop Relay

\*Groups will spin hoops at the same time but compete only within grade level.

\*Players get a 10 sec. Countdown to start spinning hoops befor actual game clock starts.

\* Players need to spin the hoop for 15 minutes to win.

Note to Participants: We request participants to use their personal Hoola Hoops for this activity.

# Hoopaton: Selection and Sponsorship/Pledge Process:

Qualifying rounds were held during Health and PE class for each grade level to select final participants for this activity. Students qualified shall receive a sponsors and pledges sheet. The sheet allows any relative or friend of the student to become sponsors and pledge to donate an amount between THB20 and THB100 for every minute that student spins the hoop. Time limit for each group to spin the hoops is 15 minutes.

# *Note: Winners in the Hoopathon shall not be recorded as part of Inter-House competitions but winners will receive certificates.*

Please feel free to contact us for more information. We thank you and look forward to your participation in this worthwhile endeavor.

Best Regards,

Noted:

Marathon Team

School Coordinators

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